

Personal Details	JENCY SUDHA DEVA ARUL
Academic Qualifications	<ol style="list-style-type: none"> 1. Bachelor of Physiotherapy (The Tamil Nadu Dr. M.G.R Medical University, Chennai) 2. Master of Physiotherapy (The Tamil Nadu Dr. M.G.R Medical University, Chennai) 3. Post Graduate Diploma in Hospital Management (Annamalai University) 4. PhD in Physiotherapy – Pursuing (Saveetha University, Chennai)
Administrative Duties	<p>Deputy Dean for School of Physiotherapy from 1st December 2020 to till date. Program coordinator (Degree) from Aug 2018 to November 2020. Exam coordinator (Degree) from Aug 2015 to July 2018. Worked in various school and faculty committees</p>
Publications (last 5 years)	<ol style="list-style-type: none"> 1. “Effectiveness of Myofascial release technique versus positional release technique on myofascial pain syndrome” in International journal of advanced science and technology/vol 28 no 20 (2019)pp 1063-1070 2. “Effect of Kinesio Taping with Exercise versus Ultrasound with Exercise on Pain Relief in Acute Carpal Tunnel Syndrome” in Research & Reviews: Journal of Medical Science and Technology ISSN: 2319-3417(online), ISSN: 2349-1272(print) Volume 5, Issue 3 www.stmjournals.com. 3. “Age related difference in Proprioception, muscle strength and balance in diabetic patient” in International journal of advanced science and technology/vol 28 no 20 (2019)pp 1071-1081 4. The effectiveness of rest pause method Vs traditional training method on muscle power development among badminton players” in International journal of advanced science and technology/vol 28 no 20 (2019)pp 1063-1070
On-going Research	Prevalence of physical and mental issues among students due to online learning during covid-19.
Completed Research	<ol style="list-style-type: none"> 1. All the above researches. 2. Self-funded research – Did an observational Study on “Prevalence of obesity and its relation to lifestyle in a private university”. 3. Did a comparative study on “The efficacy of kegel’s exercise programme in third trimester and immediate post-partum period, solely immediate postpartum period in primigravid mothers”.
Research Grants	Applied for FRGS 2019 - Healthcare related economic burden due to Polycystic Ovarian Syndrome among women during reproductive age
Consultancy	Worked as a consultant in AIMST Physio Clinic
Awards	Nil
Professional Membership	Life Member of – The Indian Association of Physiotherapists. (Reg.no: L – 10693).

Supervision	Supervised 8 undergraduate student's research.
Teaching	PT in Women's Health, Physiotherapeutic Skills I, Physiotherapeutic Skills II, Rehabilitation Medicine, Spinal Care, Neurology II for degree students. PT in Women's Health, Exercise therapy and Neurology I for diploma students.
Areas of Expertise	Women's health especially in PCOS and Incontinence.
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